

HFP

Humanity for Prisoners

Action with Compassion

SUGGESTIONS FOR EFFECTIVE COMMUTATION/PAROLE PROCESS

- **Rapport** Start building good relations with prison staff now
- **Behavior** No more tickets. None. Others have done it. You can, too.
- **Counselor** Ask your counselor, in addition to checking the boxes, to write good comments on block reports concerning your behavior
- **Programs** Get in to good programs, or at least keep records of requesting to be in programs.
- **Crime** State your crime as it is on the pre-sentence investigation. No modifications.
- **Family** It is important for family members to be active, but NOT to make excuses
- **Community** When you indicate your placement, employment and support, take note that community support matters even more than family support. Commutation applications need support.
- **Weakness** If you have a weakness, comment on it and how it will be address, e.g. substance abuse: you will be enrolled in _____ program upon your release.
- **Psych** You must have a psych report. Our sources say this report has power.
- **A MUST** **You much acknowledge crime and show remorse.** If you insist that you did not commit the crime, at least show sadness for the results and sympathy for the victims. Your feelings here are critical.